

# 6 TIPS TO STABILIZE IN 5D

## DESTINATION NEW EARTH

*"Experience life in a way that you don't seek anything. Be present and let things evolve naturally without forcing it."*

—Daniel

### 1. Be Aware

Awareness is a catalyst to transformation. Know what is happening around you. Learn through observation, awareness, and mindfulness.

### 2. Be Present

There is only the now. Refrain from pondering past or future. Eternity is gained when appreciating what you have *now*.

**The New Earth is here.  
Are you looking in the right direction?**

### 3. Be Non-Judging

We are not here to judge others or ourselves. We are here to follow our hearts and live our Truth. Combat judgment with compassion, empathy, love, & kindness.

### 4. Be Curious

Ask questions, and be curious about everything. Curiosity awakens you to know yourself and your relationship with Source.

### 5. Be Open

See things as they are. The truth is fluid. It changes as you grow. If you are stubborn to consider new things, you will not open your heart and *not* evolve.

### 6. Be Playful

When exercising childlike enthusiasm, awe, and wonder your heart and mind open, your burdens diminish, and life becomes joyful. Watch the magic, mystery, and miracles emerge.

